## **Rock Steady**

I was on a commuter train and kept stepping back as people got on. Somehow I ended up in the middle. I looked up and there was no strap or railing. I had nothing to hold on to, so I spread my feet apart just a little wider apart and shifted my weight. Sometimes you can be in the dead center of God's will, and the journey can get a little shaky where it starts to toss and turn you. Your emotions can try to rule you and your thoughts can get off course down causing panic because you feel like you have nothing to hold onto. I'm reminded of what Solomon says, "Trust in the Lord with all thine heart; and **lean not** unto thine own understanding."

Read Proverb 3:5-6	
What are you experiencing right now over which you have absolute	ly no control?
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f you COULD control these things, what would you do?	15
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Since you CAN'T control these things, what are you going to do?	